



Heavy Metal

THE
SCRAPBOOK LOUNGE



with Michael Strong

TV  **Weekly.com**

Mike is the known around The Lounge as the king of recycling. This week he's doing his part to save aluminum soda cans from the landfill while making a rockin' hot scrapbook layout. Get ready to rock out—to Heavy Metal!



MATERIALS

FEATURED PRODUCTS

Marvy/Uchida

- Clever Lever Circle Punches from ½" through 3"
- Clever Lever Flower Punches from ½" through 3"
- Deco Color Acrylic Marker
- Metallic Pearl Ink Pads in Black
- Squishy Scissors
- Embossing Heat Tool

SUPPLIES

- 3-4 Aluminum Soda Cans
- 12" x 12" Silver Scrapbook Paper
- 2¼" x 12" Strip Black & White Checkerboard Paper
- 1" x 12" Strip Black & White Polka-Dot Paper
- 8" x 8" White Cardstock
- 1¼" Tall Metallic Silver Stickers for Title
- Dry Adhesive of Choice

- 4" x 6" Double Matted Photo
- 12" – 36" Ball Chain
- Variety of Coordinating Brads

TOOLS

- Iron
- Towel
- Paper Trimmer
- Scrap of Thick Foam Cushion
- Needle Tool

STARTING YOUR PROJECT



Prepare soda cans for punching. Rinse out empty soda cans and air dry. Poke hole in one end of can and carefully cut around entire can to remove bottom. Repeat for the other end of the can.

Twist off and remove the tab on the top of the can. Save the tab and the can bottom for later in this project.

Cut down the middle of the can cylinder to get a flat piece of aluminum. Dry the inside with a paper towel, if needed.

Use a paper trimmer to trim the aluminum to a 3" x 8" sheet.

2



3



Iron aluminum flat. Place aluminum sheet on a folded towel on work surface—logo side up. Iron with a hot iron. Use the towel as leverage to flatten one end of the aluminum sheet.

Turn the towel around and repeat for the other end of the aluminum. Let the aluminum sheet cool slightly before working with it.



You'll need three or four soda cans to complete both projects in this episode. Prepare them all at once to make the projects come together quickly.

FLOWER CARD

1



Punch five flowers from one aluminum sheet using the Clever Lever Punches from Marvy/Uchida in graduated sizes. Mike used flower punches from $\frac{3}{4}$ " up to 3". Turn the punch upside to position the aluminum in the punch so you get the most aluminum "real estate" as possible.



Pick up one flower. Hold it between your thumbs so that there is a valley between petals at the top and another at the bottom. Fold the flower downward to create a score line.

2



3



Rotate the flower to the next valley between the petals and create another score line. Rotate the flower one more time to create the final score line.

Repeat these folds for each of the remaining four flowers.



Place each flower on a foam cushion and punch a tiny hole in the center with the needle tool.

4



5



Thread the flower shapes onto the brad starting with the smallest flower and graduating to the largest flower. Open the legs of the brad to hold the flowers in place.

Arrange the petals of the flower so that each one is off-center from the previous flower.

NOTE: You can add another layer of dimension by edging each flower with a Deco Color Acrylic Paint Marker from Marvy/Uchida. Mike used a black one for another version of this card. Do this before you layer the flower shapes onto the brad.



Build the card. Attach the finished flower to a 3¼" square of white cardstock with a dot of glue or another strong adhesive. Layer that to a 3½" square of black cardstock.

Fold a 10" x 7" black card in half. Layer a 4" x 4" square of metallic silver paper (or trim from another aluminum soda can) to the top of the card. Adhere the layered flower element to this piece.

6



HEAVY METAL LAYOUT

1



Punch a variety of sizes of circle shapes from the remaining aluminum sheets made earlier using the Clever Lever Circle Punches from Marvy/Uchida.

Mike punched about 16 aluminum circles in various sizes as well as 10 paper circles from two different colors of metallic silver paper—both light silver and dark silver.

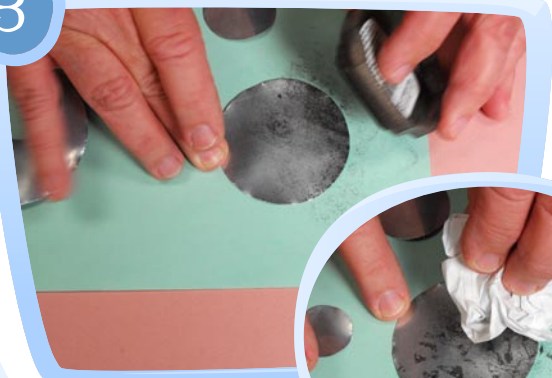


Mike punched a couple of smaller circles from both aluminum and paper. Then he used those circles as the centers to punch larger circles around them. This creates rings and 'donuts' of aluminum and paper which add design interest when added to the finished layout.

2



3



Choose several aluminum circles and "grunge" them up by rubbing one-half of the circle with the Metallic Black Pearl Ink Pad from Marvy/Uchida directly on the aluminum.

To add a little more texture, scrunch up a scrap of computer paper and use it as your "stamp"—ink the scrunched up portion of the paper with the same Metallic Black Pearl Ink Pad and then tap it onto the aluminum circle.

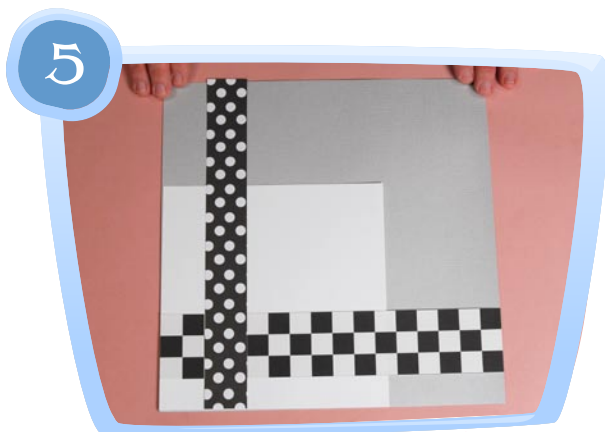
Heat set the inked aluminum circles with Marvy/Uchida's Embossing Heat Tool.

Closely trim around the bottom of one of the soda cans leftover from the beginning of the project so that you're left with a small aluminum dome—it almost looks like a hubcap.

4



5



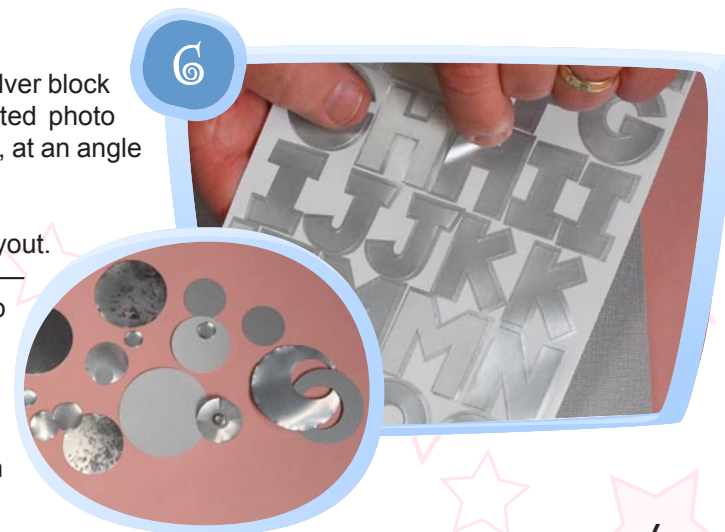
Put the layout together. Adhere the 8" x 8" square of white cardstock to the lower left corner of the 12" x 12" silver foundation page. Layer the checkerboard strip horizontally across the page about 1½" from the bottom edge. Adhere the polka-dot strip vertically about 1½" from the left edge of the foundation page.

Add the title "Heavy Metal" to the layout with metallic silver block stickers across the top of the page. Adhere the matted photo about 2½" from the top and about 2" from the right side, at an angle on the page.

Sprinkle a variety of circles in an arc around the layout. Start with the larger circles—both aluminum and paper—in the bottom left corner and move up towards the top and out towards the right of the page.

Mike adhered some of the circles directly to the page and others were attached with 3-D foam tape for dimension. Add a variety of coordinating brads in several sizes around the page for more texture.

6



7



Mike adhered the aluminum dome from Step 4 to the right side of the photo.

Adhere one of the pull tabs removed earlier in the project to the lower right side of the layout. Adhere a second pull tab to the middle of the left side of the layout.

Thread a silver ball-chain from one pull tab across the page to the other pull tab for yet another design element and to carry through the "heavy metal" theme.

8



MAKE it YOUR OWN!™



FLOWER TRIO

Mike punched three 1½" circles, evenly spaced, from a 2" x 6" strip of white cardstock. He adhered that to a 4" x 6" folded card. He then layered three 1" flowers punched from the aluminum sheet and attached them to the centers of the circles for a striking greeting card.

FIELD OF FLOWERS

With a completely different color palette and a variety of sizes of aluminum-punched flowers, Mike created a whole field of flowers on the front of this layered square card. Sweet little blue and white brads from his recent trip to The Netherlands finished this card off in style.



CONGRATULATIONS!

You've just completed your Heavy Metal project, but the fun doesn't stop there! Be sure to stop back by The Scrapbook Lounge every week for more exciting new twists on scrapbooking!

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DECO COLOR ACRYLIC MARKERS

Choose from a variety of colors

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